



*"We can't imagine  
spending our  
best years  
anywhere but  
home."*

**CALL  
TODAY!**

## **Our Life. Our Memories. In Our Own Home.**

**Live Well at Home with Help from  
Home Care Assistance Sonoma County!**

Home Care Assistance is the only home care agency to...

- Offer a Home Care University, designed to train and develop high quality caregivers
- Promote healthy mind, body and spirit through our holistic Balanced Care Method™
- Engage aging minds through the activities of our Cognitive Therapeutics Method™



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[homecareassistancesonomacounty.com](http://homecareassistancesonomacounty.com)